ADVANCED SKILLS

Chapter 11 MAKING GOOD DECISIONS

- 11.1 A Practical Problem-Solving Sequence
- 11.2 Problem-Solving Pitfalls
- 11.3 Using Force Field Analysis to Assess Challenging Situations
- 11.4 Test Your Decision with a Premortem
- 11.5 An Effective Group Planning Process
- 11.6 ORBIT Your Opportunities
- 11.7 Sample ORBIT Coaching Conversation

The most difficult thing is the decision to act.

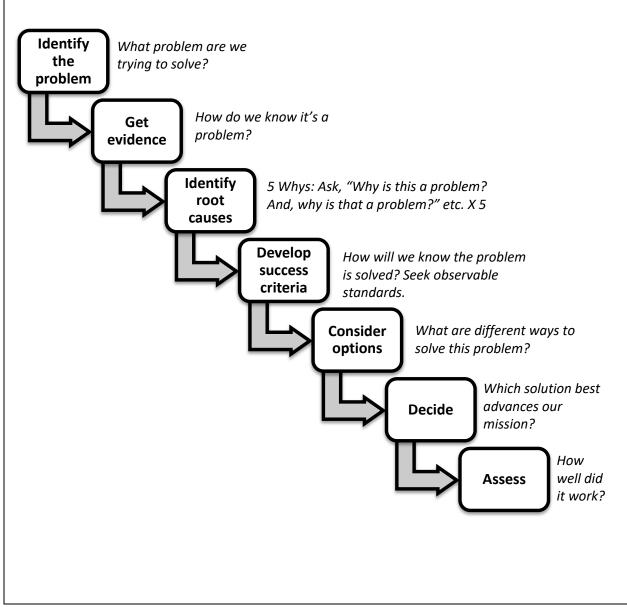
The rest is merely tenacity.

Amelia Earhart Pioneering Aviator

11.1 A Practical Problem-Solving Sequence

ABOUT THIS TOOL—The author of this tool, Harlan Patterson, President of Bastyr University in Kenmore, Washington, is known for his rigorous and systematic approach to problem solving. He emphasizes the first step, problem identification, is the most critical because it determines the focus and scope of the subsequent discussions, research and solutions.

APPLICATION—Follow this sequence to solve problems so they stay solved.

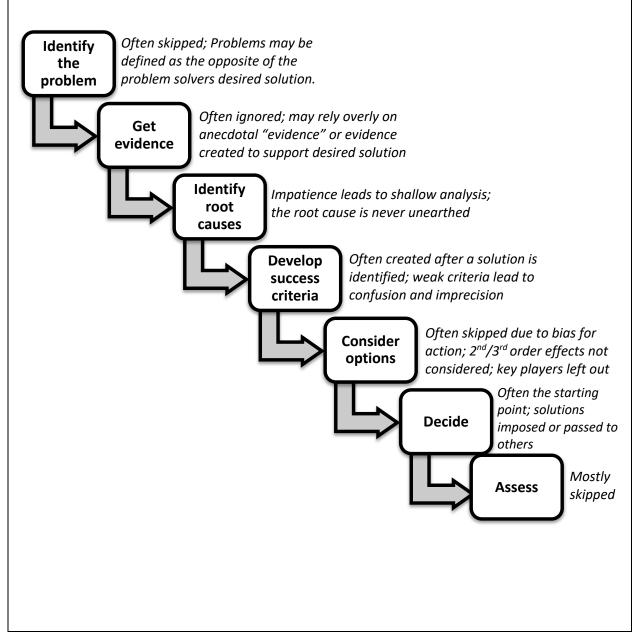


Source: Harlan Patterson email to author, July 26, 2019

11.2 Problem-Solving Pitfalls

ABOUT THIS TOOL—The flip side of Tool 11.1 are the common pitfalls characteristic of many problem-solving efforts. These missteps mean you will miss the mark in resolving the issue, complicating matters and frequently creating significant unintended consequences.

APPLICATION—Refer to this chart as you proceed through the problem-solving sequence of Tool 11.1



Source: Harlan Patterson email to author, July 26, 2019

11.3 **Using Force Field Analysis to Assess Challenging Situations**

ABOUT THIS TOOL—Force Field Analysis (FFA)¹⁰ enables a group to take a comprehensive look at forces supporting a decision and the opposing forces reinforcing the status quo. Mitigating the strongest restraining force is the most effective way to enable decision implementation.

APPLICATION—Use this tool to analyze the opposing forces influencing a decision and develop compelling strategies to mitigate the strongest restraining force.

- Step ①—Identify your change goal
- Step ②—List the driving and restraining forces related to the goal and rate their strength
- Step ③—Select the strongest restraining force
- Step 4 Brainstorm how to minimize it
- Step 5 Pick two or three solutions

① GOAL: Hold a one-day teambuilding retreat

② Driving Forces → **←**Restraining Forces ② Will help us work better together We're too busy; we don't have the time Could seem too touchy-feely for some A chance to work on the how to get to a better what It's expensive It will be fun Tensions could erupt and damage relationships Stepping away from our day-to-day pressures will help us think more clearly ③ Our customers will suffer and we may Good relationships take work lose business by being away for a day A chance to clear the air on developing tensions within the group

- ④ Ideas for minimizing or mitigating the strongest restraining force: Hold a one-day teambuilding retreat
 - Split the retreat into two half days
 - S Let customers know in advance
 - Give the customers a hotline number to call
 - Read a book together about teams and discuss during our regular staff meetings
 - ⑤ Get support from leadership
 - Follow up with our stakeholders, including our customers, once the retreat is over

 $^{^{10}}$ Force Field Analysis was developed by the social psychologist Kurt Lewin in the 1940s.

11.4 Test Your Decision with a Premortem

ABOUT THIS TOOL—"A premortem is the hypothetical opposite of a postmortem....A premortem in a business setting comes at the beginning of a project rather than the end, so that the project can be improved rather than autopsied. Unlike a typical critiquing session, in which project team members are asked what *might* go wrong, the premortem operates on the assumption that the 'patient' has died, and so asks what *did* go wrong. The team members' task is to generate plausible reasons for the project's failure."¹¹

APPLICATION—Adapt these questions to the needs of your specific project, and then use them to test your decision before finalizing it. You can find more pre-mortem questions online.

SAMPLE PRE-MORTEM QUESTIONS

What can we learn from the stumbles and mistakes of past projects?

What will our critics say we missed?

What about this decision has you worried?

What might cause a delay or obstruct full implementation?

How confident are we that we have the systems in place to support this decision?

What metrics or feedback will tell us we may have missed the mark?

What interests and which stakeholders have we overlooked or minimized?

What are the possible unintended consequences?

What external factors could upend our efforts?

¹¹ Gary Klein, *Performing a Project Premortem*, (Harvard Business Review, Sept. 2007),

11.5 An Effective Group Planning Process

ABOUT THIS TOOL—This straightforward process makes visible the perspectives of all participants involved in decision-making. Everyone sees the whole picture: What you're hoping to achieve, how you see the situation now, and the practical steps to reaching the target.

APPLICTION—Follow the steps described in this tool.

Step 1—Post 3 pieces of chart paper

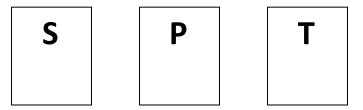
Title them as follows:

"S" — What is the current **situation** giving rise to the problem or opportunity?

"T" — How would you describe the desired target state? What does success look like?

"P" — What are some proposals or **plan** for getting from where you are now to where you want to be?

Place the "S" chart on the left, "T" on the right, and "P" in the middle.



Step 2—Identify the Target

Write on the "T" chart what success would look like. What would you like to see around here that isn't here now? What are our goals? What outcomes or results do you want in this situation? What are you aiming for?

Step 3—Describe the **S**ituation now

Make a list on the "S" chart describing the situation as it stands today in relation to the target. What is wrong with the way things are going? What is going right? Where exactly is the problem occurring? How serious is this?

Step 4—Develop a Plan

Use the "P" chart to brainstorm a list participant ideas on what can be done to bring the current situation in line with our target. What might we do to solve the problem? What actions should we take? How can we get from where we are now to where we want to be?

Step 5—Decide

Give each participant a marking pen and have them place a check next to the top three ideas from the list on the "P" chart. The proposals with the most check marks are the actions the group sees as most likely to achieve the target.

Step 6—Assign Accountability; Agree on Timing and Deliverables

The final step is fleshing out the plan by assigning accountability for next steps and agreeing on deadlines and deliverables.

11.6 ORBIT Your Opportunities [repeated as Tool 7.7]

ABOUT THIS TOOL—The ORBIT coaching sequence begins by envisioning the future you want, rather than the obstacles you're facing. Doing so enables you to coach others both deliberately *and* optimistically. This is my go-to tool for professional development conversations and decision-making.

APPLICATION—Follow this sequence when coaching others.

Outcome What outcome do you hope to see in this situation?

What does the problem look like solved or the aspiration realized? What do you hope to achieve?

Reflection What are the current circumstances in relation to your

desired outcome? Consider both facts and feelings. This would be the ideal time to use Force Field Analysis [Tool

11.3]

Brainstorming Generate at least seven unique ideas to achieve your

objective in light of your reflections. Why seven? Your initial ideas will be the obvious solutions; by the time you get to seven you need to get creative, to think

beyond the obvious.

Intention Which of the ideas you brainstormed hold the most

promise for achieving your objective? Which ones energize you? Just pick two or three. One is all you need

to get started.

Tasks What are the initial tasks and timing to implement your

intention? You don't have to create an entire plan; you just need to identify the first steps you'll take and when

you will take them.

For an even more complete problem-solving session, consider adding an E and R to your ORBIT...ORBITER

Encouragement What encouragement or support do you need to assure

you'll follow-through on the tasks you've identified? It may be as simple as putting a couple of notes on your calendar or committing to a colleague to check in

periodically.

Refinement Did your steps achieve their intended objective? If so,

what can you learn from your success? If not, how can

you refine your actions to better achieve your

objectives?

11.7	ample ORBIT Coaching Conversation [repeated as Tool 7.8]	
Step	Manager	Employee
0		I'd like to be the lead on the next projecta real project manager
	Say more. Why does this appeal to you?	
R		I feel like I'm ready—I've been a member of three project teams. I really enjoy the work. The details and discussion of what to do and when have been a real education on how to tackle complicated projects. I've learned a lot. Plus, I completed an online workshop.
	Let's put together a list of ideas on how you could step up to a project manager role.	
В	 Both Manager and Employee participate in the brainstorming Take a more formal project management course Become a Certified Project Manager Learn about how to design and facilitate project meetings Interview a few project managers to learn more about their work and training Find a project manager who could be a mentor for me Shadow a project manager Review a project manager's job description to understand the work and requirements better Study a few projects more deliberately to identify common practices Join a professional association of project managers 	
ı	Those are a lot of good ideas. Where do you want to start?	
1		I'd like to begin by interviewing a few project managers. [Idea #4 from above.]
	How and when will you start?	
T		I'll reach out next week to the project managers I've worked with and ask them for an appointment.
-	Source: Developed by the author	